



7th Global Arts Olympiad

Topic: The Lesson Plan

Time commitment: 2-3 class sessions for this free of charge program

Objectives:

- a) Empower students aged 8 to 12 to overcome the "fourth-grade slump" in creativity discovered by the "father" of creativity, E. Paul Torrance, so that students remain creative throughout their lives.
- b) Employ the arts as a dynamic activity to motivate students to embrace the "Artist-Athlete Ideal" of the creative mind and healthy body (*mente sana in corpo sano*).
- c) Awaken the dormant "inner artist" or the slumbering "inner athlete" in students to avoid creativity slumps and decrease obesity risks.
- d) Strengthen the revised self-image of students by allowing them to depict themselves as "artist-athletes" in their paintings, drawings, or digital artwork.
- e) Develop fellow feelings among young artists and young athletes to make your school community more creative, healthy, and peaceful.

Essential Questions:

- 1) What is your favorite sport or activity? Why?
- 2) What is the relationship between art and sport?
- 3) Are the Olympics only for athletic excellence?
- 4) What are the Olympic values?
- 5) Can you be an artist and an athlete?

Materials Needed:

A history of the Olympic Games > the [Smithsonian Magazine](#)

A global art contest > the [ChildArt magazine](#)

A global celebration of Creativity, Diversity, and Unity > [World Children's Festival](#)

Deadline: Art entries should be mailed before December 20, 2024.

Lesson Procedure:

Part 1: Instructional Group Activities

Encourage students to develop connections between art and sport.

Activity A. The Olympics Art Competitions

Ask the students to answer these four questions (using the Smithsonian History of the Olympic Games):

1. Should the Olympic Art Competitions be reinstated? Why? For what age group?
2. What is your favorite sport? Why?
3. Which city will host the 2028 Summer Olympics? 2030 Winter Olympics?
4. Who will select the city to host the 2032 Summer Olympics? How?

Activity B. Thinking Outside the Box

Divide the class equally and randomly into "Artists" and "Athletes."

The **Artists** answer these questions:

Question 1. *Why do people run, swim, or play soccer?*

Question 2. *How do you feel when you play a sport?*

Ask the **Artists** to draw or paint any sports gear or equipment (e.g., bat or ball).

The **Athletes** answer these questions:

Question 1. *Why do people draw, paint, sculpt, or carve?*

Question 2. *How do you feel when you create art?*

Ask the **Athletes** to draw or paint any art tool or equipment (e.g., easel or brush).

Activity C. Building Peace through Art and Sport

Read this quotation from Nobel Laureate Nelson Mandela:

"Sport has the power to change the world. It has the power to inspire.

It has the power to unite people in a way that little else does.

It speaks to youth in a language they understand.

Sport can create hope where once there was only despair.

It is more powerful than governments in breaking down racial barriers."

Ask the students to answer these two questions:

- a) If "sport" is replaced by "art" in the above quote, would it still ring true?
- b) Does the quotation become more robust when you add art to sport?

Part 2: Original Art Creation

Ask students to produce a painting, drawing, or digital artwork depicting themselves as Artist-Athletes playing their favorite sport.

Paintings or drawings should be roughly **18x24 inches (45x65 cm)**.

Part 3: Selecting Representative Artwork

Select one or two artworks based on creativity and originality. Involve students in the selection process if possible.

Clip the Artwork Submission Form to the artwork and mail it to ICAF on or before **December 20, 2024**.

A distinguished panel of judges will select the 7th Arts Olympiad winners from participating countries. The winners will convene at the 7th *World Children's Festival* (WCF) in June 2025 at The National Mall across the U.S. Capitol.

Produced every four years, the WCF is the "Olympics" of children's imagination and celebrates Creativity, Diversity, and Unity. While participation in the WCF is free of charge, the delegates make their own travel, meals, accommodation, and local transport arrangements for their week in Washington, D.C.

To stay informed, subscribe to *ChildArt* quarterly and *Sketches* newsletter at <https://ICAF.org>.

International Child Art Foundation
Post Office Box 58133
Washington, DC 20037
USA

For DHL, UPS or FedEx, please use our street address:

International Child Art Foundation
2549 Virginia Avenue, NW
Washington, DC 20037
Phone: (202) 530-1000
USA

Please email any digital artwork to childart@icaf.org.

7th Global Arts Olympiad
Artwork Submission Form



School or art club name City Country

Organizer's name Email

Student's first name Last name Age

Student's or parent's email Student's date of birth

Title of artwork Medium

Student's message or description of the artwork

Agreement: We certify that the attached artwork is the artist's original work. We understand this artwork has become the International Child Art Foundation (ICAF) property and will not be returned. We agree that the artwork can be exhibited internationally, published in *ChildArt* magazine or any other educational publication, reproduced by ICAF, or loaned to another entity to advance the mission of ICAF.

Name of Teacher Signature Date

Name of Parent Signature Date